

OUTDOORS ✿ GRADES 4-6 ✿ FALL, WINTER, SPRING ✿ ACTIVITY



Lighthouse

DESCRIPTION

This activity asks one student (*Lighthouse*) to verbally lead another blindfolded student (*Boat*) through a maze of people.

OBJECTIVE

To develop communication and cooperation skills.

MATERIALS

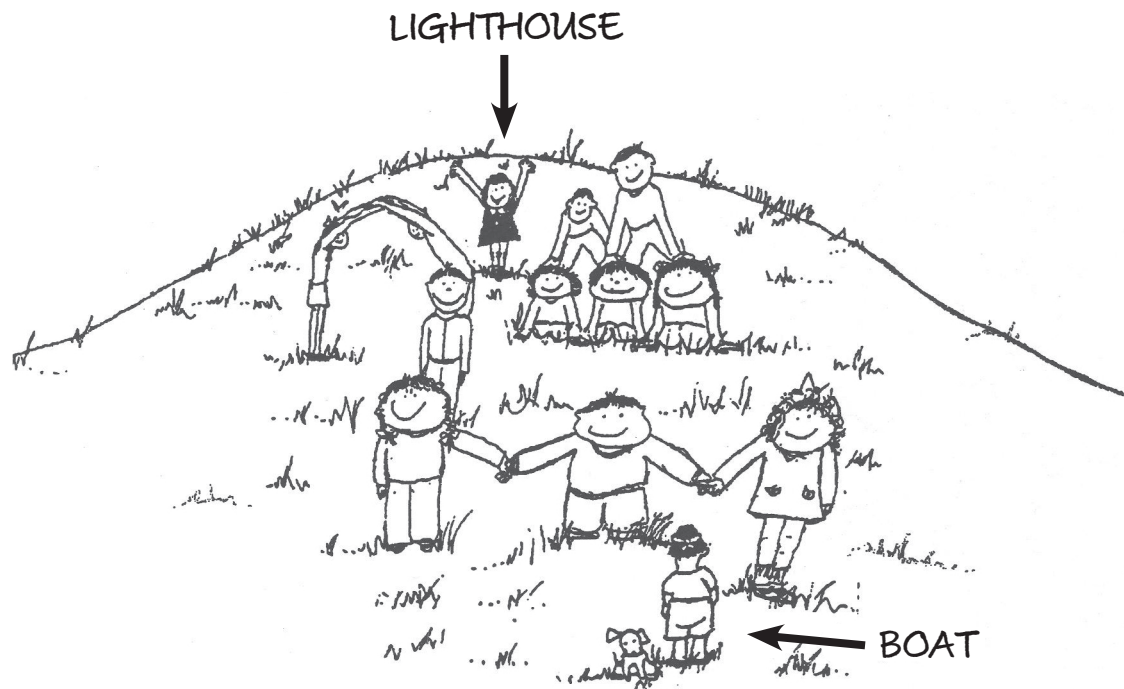
✿ blindfold

CLASS DISCUSSION

What are some important parts of good communication? If we are having a class discussion and one of us wants to share some ideas, what will help us to communicate? Let's find out.

ACTION

1. Ask for a student who feels that he or she can communicate clearly to be the lighthouse.
2. Ask for another student who considers himself or herself to be a good listener to be the boat. Blindfold this student.



3. The remaining students will become obstacles in a bay. They can be bridges, logs, and so on. It is important that they are quiet and do not move during the activity.
4. Situate the lighthouse at one end of the playing area.
5. Place the boat at the other end.
6. The remaining students can take their places between the boat and the lighthouse as obstacles in the bay.
7. The task of the lighthouse is to verbally lead the blindfolded boat through the obstacles. The lighthouse should remain stationary. The lighthouse should give the boat explicit directions so that it will avoid the obstacles. It may help to have the boat keep a hand raised to assist in determining left from right.
8. The task is completed when the boat safely arrives at the lighthouse. If the boat hits an obstacle and sinks, choose another student to be blindfolded, rearrange the obstacles, and begin again. The obstacles should remain still and silent.

WRAP UP

How did it feel to be the boat? What did the boat have to do to stay afloat and reach the lighthouse? How did it feel to be the lighthouse? What did the lighthouse have to do to bring the boat in safely? What does “concentration” mean? What does “communication” mean? How did the obstacles help the lighthouse and boat communicate?

