



It has been another successful season of growth, learning and wonder for Life Lab and the thousands of kids, youth, families, teachers and schools we serve. This time, we'll let you hear about it directly from the people involved! Your gifts sustain our programs and keep our community and garden growing. Thank you so much for your support, partnership and collaboration in this wonderful work.

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Abby Allison Amy Amber Don Doron Fran Gail John Jose Joyce Whitney

FIELD TRIPS

"Wow! Huge thanks to the entire staff at Life Lab for the wonderful field trip! All the kinder students had a phenomenal time - and it was such a meaningful experience for them. I saw children adventurously trying food they may not have otherwise; bravely holding chickens even if they had been initially timid; and joyfully exploring (and perhaps falling in love with) your beautiful garden setting. Ah, the pure joy that comes from opportunities to "play" in nature-- especially with caring adults that know how to have fun with kids!"

 **Kathy, Kindergarden teacher**

"At the farm I learned about bees. Bees get pollen from the flowers. The pollen looks like little orange balls on their legs." - Luke

"At the farm I learned about owls. The owls eat mice and they spit the bones out. We got to look through the soft fur and see the bones." - Ryan

 **Spring field trip students from Baymonte Christian School**

SUMMER CAMP

"I just wanted to tell you how much my son loved his experience up on the Farm. He has always enjoyed gardening and loved every minute of his garden camp.... Thank you to everyone for a wonderful program. We look forward to participating for years to come."

 **Julie, Wildlands & Watering Cans camp parent**

over...



3,100 children participated in field trips and camps at our Garden.



893 teens grew stronger, healthier and more inspired through “Food, What?!”

“FOOD, WHAT?!”

“I’ve learned how to be a leader, flip a compost, trellis tomatoes, plant corn and beans together effectively, irrigate a crop, cultivate crops, how to be more professional, how to do well when applying for a job, and how to be a better person, and make better life and health choices. I am more confident and I have more knowledge and skills.”

 **Jacques, FoodWhat youth**

“I have successfully worked a regular hour workday. I wasn’t absent one day. I’ve learned how to speak to people professionally and really gained confidence in what I am capable of doing. I have learned how to be a hard worker and how what I put into my body affects it more than I think. I have grown in ways that are hard to describe. For a while I was really unsure of everything I did or said. Now I’m more comfortable with myself.”  **Kayla, FoodWhat youth**

INTERNS

“Now I know how to confidentially teach hands-on, inquiry-based garden and outdoor education and fill multiple roles at a busy nonprofit.”  **Callia, Antioch University New England grad student**

“I had so much fun interning for Life Lab this quarter. It was pretty much my only experience with children and I learned a ton.... I now feel exponentially more confident communicating with children and finally understand what adults mean when they say kids have a lot to teach us, too.”  **Suzanne, UCSC undergraduate student**

TEACHER TRAININGS

“The curriculum, which is incredible, will be a valuable asset to me as an instructor. The experience of being in the garden, seeing the different spaces first-hand, was exciting and thought provoking. And the different activities that we did were a lot of fun and helped me prepare for my upcoming programs. But the most important thing that I received from your workshop was inspiration! I’m so excited to bring garden education to Reno!”

 **“The Growing Classroom” workshop participant**

“One of the best organized days of hands-on activities and philosophical underpinnings I’ve ever seen.”

 **“Plant It, Grow It, Eat It” workshop participant**



Life Lab trained 1,079 educators at our Garden Classroom and across the nation.