With their infectious enthusiasm for being outside and getting dirty, kids can be terrific garden companions. This inspiring guide offers simple, practical advice as it takes you step-by-step through more than 100 engaging, family-friendly garden activities. With The Book of Gardening Projects for Kids, everyone can enjoy a garden's delicious rewards year round as children develop a deep connection to nature and the outside world.

Whether you're playing leapfrog over pumpkins, harvesting a six-plant-part burrito, cooking up a compost cake, weaving lavender wands, or pickling pears, the fun-filled memories will last a lifetime.

A national leader in garden-based education with more than 30 years of experience in the field, Life Lab promotes hands-on learning for people of all ages. As the education director, Whitney Cohen presents workshops across the country and has written several books for teachers and parents on gardening with children. John Fisher is director of outreach. He helped design and manage the organization's one-acre Garden Classroom and has worked with thousands of children and adults in the garden. They both garden with their families in Santa Cruz, California.